



Forest Awakenings
Awaken to your True Nature

Participant Agreement and Release Form Forest Awakenings Guided Forest Therapy Walks

Name of Participant:

Date and Location of Forest Therapy Walk:

Part 1: Liability Release. Each participant is responsible for their own well-being and safety on this walk.

1. I acknowledge that outdoor activities in natural areas entail known and unanticipated risks that could result in injury.
2. I agree and promise to accept responsibility for my own safety and well-being during this activity. I understand that I may at any time opt to not participate in any part of the activity should I feel that it is not safe, or simply that I do not want to participate for any reason.
3. I voluntarily release and hold harmless Forest Awakenings and the Association of Nature and Forest Therapy Guides and Programs (ANFT) and the individuals who are acting as guides on this walk from any and all claims of liability which are in any way connected with my participation in this activity.
4. If I have a medical condition or health concern that I think the guides should be aware of, I will verbally inform them at the beginning of the walk.

Yes, I agree to the above conditions.

No, I do not agree with the above conditions.

Part 2: Model Release: With your permission, Forest Awakenings may take photographs of you and your group on this walk. We would like your permission to use these photographs in promotional materials which may include social media, website, printed flyers and books, and videos. We are sometimes asked by news reporting agencies and publications to provide photos for articles they are writing about nature connection topics. We do this at no charge. We promise to carefully select photographs that show you in a way that we are confident you will like. If you are not comfortable with having photos that include you taken and possibly used in these ways, we prefer that you mark "No" in the box below; we want you to have a relaxed and stress-free experience on your walk.

Yes, you may take photographs of me and use them as described above.

No, I prefer not to be photographed.

Signature (If Under 18, Signature of Parent or Legal Guardian):

Date:

City/Country of Residence: